

Pamper yourself with one of our unique spa treatments:

ESSENCE OF ANGSANA

Calm your mind and draw in the serenity of your surroundings. Allow our therapist to offer you a soothing foot wipe, herbal drink and a few minutes to leave the cares of the world behind. Angsana sessions include a complimentary 30-minute calm time on us. Enjoy the difference.

Duet - For Her (150-minute session)

THB4200

Adorn your body with flowers for a memorable start to this Duet. The Flower Petal body polish is a natural, purifying scrub, followed by a warm body lotion that is smoothly absorbed into skin. Finally, a soothing massage releases tension in face muscles, improving blood circulation and complexion.

- 30-minute Flower Petal body polish • 60-minute body conditioner massage
- 30-minute face massage

Duet - For Him (150-minute session)

THB4200

Spice and all things nice are used to exfoliate skin for maximum smoothness. Aromatic ginger and clove ingredients are chosen to have an anti-bacterial and detoxifying effect, followed by a blissful body massage. For a refreshing finish, chill out to an enriching facial for that perfect glow.

- 30-minute Indo Spice body polish • 60-minute body massage • 30-minute face massage

Bliss (150-minute session)

THB5100

Surrender to the touch and techniques of our therapist as you feel your tension and stress melting away with one of the specially developed massages in our menu. Pamper yourself to a skin-softening body treat or a revitalising facial – it is pure bliss!

- 90-minute body massage • 60-minute body treat OR facial

Ayu-Reverie (150-minute session)

THB4500

Benefit from 5000-year old Ayurvedic traditions with an inspiring body massage. Then drift into a dream-like state enhanced by the spiritual sensations of warm sesame oil trickling down the forehead in Shirodhara. Once the “third eye” awakes, treatment concludes with a face cleanse and a thorough head and scalp massage.

- 60-minute Ayurvedic massage • 30-minute Shirodhara • 30-minute Indian head massage

Sun Balm (150-minute session)

THB4200

Trust the sun to give you a golden tan, but trust the Oasis that uses a blend of six oils rich in vitamins and minerals to restore the moisture and health of your skin after your fun. The gentle strokes are ideal for mature, sensitive or sunbaked skin. Complete the treatment with Sweet Soother, a calming facial

- 60-minute Oasis body massage • 60-minute Sweet Soother facial

Glow (120-minute session)

THB3300

A treatment for both the ladies and the gentleman, this vigorous session suited to your body type will leave you positively glowing and radiant. The polish helps to remove dead skin cells while the rejuvenating massage relaxes your body. You'll feel lighter, and it will show on your skin.

- 30-minute body polish • 60-minute body massage

Equilibrium (90-minute session)

THB2400

Get back to basics with treats for the body and face. Let the therapist knead tight muscle knots on the back, followed by a face massage to bring your whole body back into equilibrium. This unisex treatment varies in intensity according to your preference.

- 30-minute back massage • 30-minute face massage

Angsana For Him

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Expressions (150-minute session)

THB4200

Face the world with confidence after a body massage of your choice, and a complementing facial. A hot shave is expertly administered, which helps to soothe and condition facial skin, while the facial gets rid of surface impurities for a fresh healthy glow.

- 60-minute body massage • 60-minute men's facial

Back Up (120-minute session)

THB3500

This much-loved treatment for your back relieves tension with a strong massage using Vitality Oil. Once muscles are thoroughly kneaded, a cleansing and refreshing ginger mask removes impurities. Finally, a soothing face massage is the ideal treat to rest and relax.

- 30-minute back massage • 30-minute back cleansing & back ginger mask
- 30-minute face massage

Rest (90-minute session)

THB2500

For instant relief, simple does it. Take five with this pleasant stress buster that peels off fatigue with an invigorating foot ritual that relaxes your entire body. Feel energised after a holistic head and shoulder massage that puts a smile on your face.

- 10-minute foot bath • 30-minute foot massage • 30-minute head & shoulder massage

Angsana For Her

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Top To Toe (210-minute session)

THB5500

Give your body a tune-up from head to toe. This is the ultimate treatment that combines all of Angsana Spa's signature therapies. Body treat comprises a cleansing body polish and a nourishing body conditioner. Your beauty session also comes with a refreshing facial!

- 60-minute body massage • 60-minute body treat • 60-minute facial

Glitter (180-minute session)

THB5100

Meet your new beauty accessory – gold foil tossed within a moisturising body polish followed by a shimmering body conditioning massage fine-tuned to irresistibly flatter your skin. This body sculpting experience comes with a gentle facial for show-stopping splendour.

- 30-minute Pure Gold body polish • 60-minute Gold body conditioner massage • 60-minute facial

Peace (150-minute session)

THB4200

For true peace of mind, drift away on a cloud of contentment as the therapist works wonders. You won't have a worry after making a choice of body treat to moisturise skin, or a facial to put your fresh new complexion in harmony with your body.

- 60-minute body massage • 60-minute body treat OR facial

BODY POLISHES

Choose your favourite Body Polish to complete your pampering spa packages. All Body Polishes are not available individually.

Almond Milk

for all skin types

This is a whitening scrub where our therapist uses a mix of milk, honey and almond to gently exfoliate your skin. Particularly suitable for blemished and tired skin, this scrub also helps to fade off fine lines, leaving your skin lighter and more refined.

Banana Turmeric

for dry skin

Need to cleanse, heal and moisturise? Help is at hand with vitamin rich banana and the renowned warming qualities of turmeric that pay tribute to natural-looking skin.

Honey Sesame

for dry/normal skin

A sweet, smelling scrub made from golden honey and black sesame seeds that is ideal for dry to normal skin. The sesame seeds gently exfoliate your skin, while honey, a natural remedy, aids in healing of wounds and promotes new cell growth.

Jasmine Frangipani

For oily skin

Fragrant jasmine and frangipani blend with mineral spa salt to give skin a moisturising and anti-bacterial treat. Your skin will almost sparkle as the scented salt rubs off dead skin cells.

Pure Gold

for all skin types

All that glitters is gold and it's more sparkle with this prized favourite. Luxurious honey, olive oil, fresh milk and almond confetti glazed with shimmery gold foil – head turning drama epitomised.

Tangy Tamarind

for all skin types

Long recognised as a Thai beauty secret, Vitamin C rich tamarind renews your skin by removing all the surface dead skin cells. Fresh watermelon and oatmeal, an effective body and face cleanser, are added to make this tangy scrub a truly refreshing treat.

BODY CONDITIONERS

Choose your favourite Body Conditioner to complete your pampering spa packages. All Body Conditioners are not available individually.

Aloe Cream

for dry skin

Moisten your skin with this natural blend of aloe vera, fresh cream and olive oil that pampers you with nourishing vitamins and conditioning elements to aid skin repair. This delectable mix of healing remedy will do wonders if you are searching for glowing skin.

Barley Wrap

for dry skin

Dress up with tender barley, which is a cooling treat for skin rejuvenation. It helps to restore moisture, tone your skin and brings back a lovely sheen leaving you uplifted and blushing with delight.

Creamy Banana

for dry skin

A deliciously moisturizing treat for your skin. All the goodness of vitamin A and potassium go into this wrap to cleanse and refine your skin. Suitable for all skin types, this sweet-smelling wrap nourishes your skin, leaving it soft and supple.

Fresh Carrot

for all skin types

This is the great escape from tired skin. Give new life to your body with this cocktail of everything carrot, a root vegetable that contains a sea of vitamin A, antioxidants and minerals. Raw is good.

Honey Milk

for dry skin

Belulled into slumber as a Sesame Pouch, dipped in warm milk and honey gently glides over you to relieve tense muscles while nourishing your skin. This is a highly moisturising and luxurious remedy.

Mud Pie

for oily / all skin types

Well known for its therapeutic, deep cleansing properties, the rich mineral mud mask relaxes tense muscles and enhances blood circulation.

BODY MESSAGES

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Signature Angsana (120-minute session)**THB3400**

Using palm strokes and thumb pressure, our skilled therapist works on your body's key pressure points to strengthen inner qi. This signature massage was created exclusively for Angsana Spa and uses the specially formulated Euphoria Oil to enhance the experience.

Fusion (90/120-minute session)**THB 2400/3300**

This clever blend of Thai and Swedish massage techniques is unique to Angsana Spa. Our therapist uses strong palm strokes to deliver the massage while stretching you for complete relaxation. The Invigorating Oil soothes all aches, unblocks stiffness and enhances flexibility.

Classic**Aroma Thai (120-minute session)****THB3300**

Take a relaxing journey back to ancient days with the age-old Thai massage that has been skilfully adapted to complement the properties of Vitality Oil. This 90-minute massage encompasses the use of palm strokes, stretching techniques and the revitalising aroma of the oil to help improve blood circulation and mobility as well as relieve tension.

Ayurvedic (90-minute session)**THB2400**

Spoil yourself with this soothing primeval Indian massage: relaxing movements using mostly palm strokes to ease off aches and tension while promoting blood circulation. Sesame Oil is used for its warming and purifying properties.

Java (90/120-minute session)**THB 2400/3300**

This medium to strong Javanese massage soothes your body with Harmony Oil to balance up your mind, body and spirit. Your therapist uses smooth, long strokes, thumb pressure and palm pressure concentrating on your shoulder, spine area, neck and lower back to release tension.

Siam (120-minute session)**THB3300**

Unwind to a delicate stretching of your body to improve mobility and flexibility. This is followed by Thai massage techniques of palming and thumbing on your meridian lines to relieve tension. No oil is used in this

classic ritual dating back 2,500 years – only the simple touch of your therapist, leaving you energised all over!

Waves (90/120-minute session)

THB 2400/3300

Inspired by traditional Hawaiian techniques, this massage relaxes your body and restores balance and harmony. Our therapist delivers long, smooth strokes using her entire arm for this strong massage.

Soothing

Dreams (90/120-minute session)

THB 2400/3300

Created specially for tired bodies, this calming experience is also a perfect remedy for jet lag. Long, firm palm strokes with Sesame Oil soothe tense muscles, and helps to induce body, mind and soul to a state of complete relaxation.

Rhythmic (90-minute session)

THB2400

This massage brings relief to tensed muscles with a combination of strokes and light percussion, and is suitable if you prefer to lie on your sides. A linen pouch filled with rice flour and dipped in warm Vitamin E-enriched oil is glided over the body. This is a favourite among mature guests and ladies who are pregnant.

On The Spot

Head & Shoulders (60-minute session)

THB1500

To clear your head and to untie all the knots on your shoulder, this is the ultimate tension reliever that fulfills the needs of fatigue and stress. A dose of this therapeutic healer is a truly heavenly experience that will let you drift into a healing state of relaxation, peace and well-being.

Back Energy (60-minute session)

THB1500

Enjoy renewed energy after this tension relief massage done on your back. The therapist employs medium to strong pressure, using deep strokes to iron out tensed muscles for a stronger, healthier back.

Press Run (90-minute session)

THB2500

Perfect for tired legs, this massage is a combination of hand and heel strokes to soothe your calf muscles. Stepping up the rejuvenating quotient is the use of Sesame Oil with stretching techniques right up to your upper thigh for relaxation.

Foot Loose (60-minute session)

THB1500

Let your tired feet experience the Zen of a soothing foot soak and a cleansing salt scrub. The highlight is when the therapist gives you a massage by applying pressure on your sole, feet and leg right up to your knee, with Vitality Oil. After a warm towel wipe, you are all set to put your best foot forward.

FACIALS

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Angsana Facial (90-minute session)

for all skin types

THB2200

Wake up those sleepy cells beneath the epidermis with our special blend of invigorating natural ingredients. This therapeutic mix of yoghurt, honey, almond, soya and milk cleanses, moisturises and refreshes your skin.

Euro Star (90-minute session)
for normal/combo skin

THB2200

All the best spa ingredients go into this simple but effective facial treatment that removes impurity. Fine European massage techniques relaxes facial muscles and bring life back to dull skin.

Instant Lift (90-minute session)
for mature skin

THB2500

Make time stand still with this luxurious anti-ageing treatment that moisturises the skin. The special restructuring mask contains Vitamins A, E and F to combat free radicals and offer maximum protection for a revitalising effect. This exquisite treatment gives your face an instant lift and restores firmness, leaving your skin feeling supple and glowing with refreshed vitality.

Pure Radiance (90-minute session)

THB2200

for oily skin

Cucumber, with cooling and toning properties, is used in this facial to remove oil from your T-zone area. Our therapist then applies a purifying mask to absorb impurities, leaving your skin dewy

Sweet Soother (90-minute session)

for dry/sensitive skin

THB2200

Choose this gentle facial to revitalise problem skin. Cooled with a mask of natural fruit extracts, your skin will go from wilted to wonderful in three easy steps -cleanse, mask and moisturise.

ESSENTIAL PAMPERING

Happy Hands & Feet (150-minute treatment)

THB3300

This is a magnificent ritual not to be missed. Our therapist will indulge you with a hand mask blended with lemon for that magnificent gleam of perfectly moisturised skin. Concentration then shifts to your feet with a cleansing mask infused with oatmeal, fresh cream and pineapple for added anti-bacterial protection. Your nails will be trimmed, shaped and glazed with a beautiful coat of polish to wrap up the session.

Delicate Hands (90-minute treatment)

THB1600

Leave your manicure set at home and allow us to care for your hands. This treat starts with a conditioning hand mask to soften your skin, followed by nail cleansing, trimming and shaping. A charming pleasure for smooth and refined hands.

Tender Feet (90-minute treatment)

THB1600

Give your feet the much-needed attention with this treatment. It starts with a nourishing foot mask mixed with pineapple, a natural exfoliant, for effective conditioning and to soften those neglected soles. Our therapist will then clean, trim and shape your nails leaving your feet feeling good and refreshed.

Hands Paraffin (90-minute treatment)

THB1600

This recipe pampers with a fragrant nail wash with purifying properties, followed by an aromatic hand scrub to exfoliate dead skin cells. After a thorough nail trim, lie back and relax to an invigorating hand massage. For that finishing touch, soothing paraffin is applied for smooth silky hands.

Feet Paraffin (90-minute treatment)

THB1600

Step into a revitalising foot wash to detoxify before immersing your feet in a therapeutic scrub to rinse off impurities. Once your nail trim is complete, let our therapist massage your foot to relieve tension and improve blood circulation. A splendid paraffin lends a slick finale to this sensual treat.